

## TEMORA MISSION AREA

### Our Lady Help of Christians Parish Ardlethan/Sacred Heart Aria Park

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### St Therese Barellan

**In our Prayers:** Barry Carroll, Neville Caldwell, Ray Fairman, Kashaya Kuemmel,

**For our Deceased:** Margaret Kerin, Robert Stewart, Edna Griffin, Eliza Clark, Margaret Gaynor, Leo Griffin, Darcy Lucas, (*anniversaries*)

### 19—20 March

← ..... Aria Park 6.00 p.m. (*Liturgy*) ..... →

**Mass** Temora 6.00 p.m.

**Mass** Ardlethan 8.00 a.m. Barellan 10.00 a.m.

**Latest** ← ..... → **Protocols**  
see <https://cgcatholic.org.au/>

### **Reflection**

**Strengthening our Faith.** In today's Gospel Jesus takes three of his disciples aside and reveals Himself to them in his glory as the Son of God. His aim is to strengthen their faith in him as they make the difficult journey to Calvary. Jesus does something similar for us in the Sunday Eucharist. He invites us to step aside from our daily chores to pray, to listen to his word and be nourished by him. Strengthened, we go out from Mass ready to take up our journey along the way of the Cross.

### **Project Compassion**

Biru 30, lives in a rural village in Jharkand State in India's east. He lost mobility in one of his legs, after contracting polio as a child, which makes it difficult for him to walk. With your generous support, Biru was able to access an entrepreneurship and livelihoods development program, run by Caritas Australia's partner, Caritas India. He gained the skills, support and encouragement he needed to establish his own bicycle repair business.

Now, Biru is able to provide a good life for his family – and an essential service to his community. He has discovered a sense of pride, confidence and hope which has inspired others living with a disability and paved the way **For All Future Generations.**



### **St Patrick and St Joseph**

This week we remember and give thanks for Sts Patrick and Joseph. One of the most memorable prayers associated with St Patrick is the one known as St Patrick's Breastplate. It's a beautiful prayer to walk with, particularly during Lent:

*Christ, be with me, Christ before me, Christ behind me,  
Christ in me, Christ beneath me, Christ above me,  
Christ on my right, Christ on my left, Christ where I lie, Christ where I sit,  
Christ where I arise, Christ in the heart of every person who thinks of me,  
Christ in the mouth of every person who speaks of me,  
Christ in every eye that sees me, Christ in every ear that hears me.*

### **World Day of Prayer**

We, look forward to hosting the World Day of Prayer here in Our Lady Help of Christians Church on Friday **1 April at 9.30 a.m.**

### **Lent**

**What is the meaning of lent?** *Why do we set aside forty days each year to voluntarily give up some legitimate enjoyments so as to prepare for Easter?... There is yet another rich image in anthropology that can help us understand Lent, the image of our own tears as re-connecting us to the flow of life. The image is simple: Our tears are salt water, as is the ocean which is ultimately the origin of all life on this planet. What our tears do is put as back into touch with the physical origins of all life on this planet, salt water. The idea then is that, occasionally, it is good to forsake the joys of life for the salt of tears because only tears can deepen us and help us connect to our origins and grounding.*

### **Prayer for Ukraine**

God of peace and justice,  
we pray for the people of Ukraine today.  
We pray for peace and the laying down of weapons.  
We pray for all those who fear for tomorrow,  
that your Spirit of comfort would draw near to them.  
We pray for those with power over war or peace,  
for wisdom, discernment and compassion  
to guide their decisions.

Above all, we pray for all your precious children, at risk and in fear,  
that you would hold and protect them.  
We pray in the name of Jesus, the Prince of Peace.  
Amen.

*Thank you for setting  
up the Church for Lent  
and for the hidden ways  
you have ministered  
in our parish in  
recent weeks.*

**Roster 20 March**

Reader: Bernard

Welcomer: Sr Maureen